**How AI Transformed My Way of Teaching or Learning**

Artificial Intelligence (AI) has significantly reshaped the way I approach both teaching and learning. What once relied solely on textbooks, traditional lectures, and fixed lesson plans has now evolved into a dynamic, interactive, and personalized experience.

**As a learner**, AI tools like ChatGPT, adaptive learning platforms, and recommendation systems have made it easier for me to understand complex concepts at my own pace. Instead of waiting for classroom explanations, I can now get instant answers to my doubts, explore topics in greater depth, and access personalized study plans that match my learning style. AI also helps me stay organized—tools like AI-generated summaries and flashcards save time and improve retention.

**As a teacher (or facilitator)**, AI has become a powerful assistant in lesson planning, grading, and content creation. I can generate quizzes, assignments, and presentations quickly, freeing up time to focus on engaging with students. AI-driven analytics also help me identify students who might be struggling, allowing me to offer targeted support and foster a more inclusive learning environment.

Overall, AI hasn’t just made teaching and learning more efficient—it has made them more **engaging, inclusive, and adaptable**. It encourages curiosity and continuous improvement, both for the educator and the student.